

# North Down Tourism

Bangor, Holywood & Groomsport | Northern Ireland



## Welcome to 2010

With January behind us, we can begin to properly look forward to embracing the start of a New Year, a new decade, and the fantastic events and activities we have lined up for you in 2010...

So as the days start to get longer why not plan what you are going to do, where you are going to go and what you are going to see this year in North Down...

## What's On

We all make them and we all break them. How many years has your New Year's Resolution been to lose weight and get fit and healthy?

North Down has lots of opportunities for you to get out, get active and get fit this year...

Why not have a go at reducing your handicap at one of our Golf Clubs, or pamper yourself at one of our Spa's, or maybe spend an afternoon in the fitness suite at one of our leisure centres, or perhaps you could encourage the whole family to get active by taking a stroll or cycle along the coastal path and enjoy what North Down has to offer.

However you want to get fit and healthy this year North Down is the place to do it. Click on the link for further details.

<http://www.northdowntourism.com/Things-to-see---do/Activities.aspx>



## **Ideas to enjoy North Down**

### **Feel the love this Valentine's Day in North Down**

Take your someone special, somewhere unforgettable this Valentine's Day and fall in love all over again. With so much to do in North Down we've highlighted some personal favourites below just to get you thinking.

### **Spend an afternoon rich in the romance and history**

*A History of the World* - The North Down Museum is situated behind the Bangor Town Hall, in beautiful wooded surroundings and contains many permanent exhibitions including The Bangor Bell, which features as part of the BBC's 'A History of the World' and provides the perfect backdrop for a romantic afternoon.

Click on the link for further details.

<http://www.northdown.gov.uk/heritage/>

### **Active & Outdoors**

*Stroll along the Coastal Path* - Stretching from Holywood to Portavoe, with its ancient and natural features, the path provides the perfect location to spend a romantic afternoon.

Click on the link for further details.

<http://www.northdowntourism.com/Things-to-see---do/Attractions/Walks---Trails.aspx>

*Cycle in North Down* - Experience the countryside in the best possible way, hit the saddle, take to the roads and discover the joys of a romantic bike ride. Click on the link for further details.

<http://www.northdowntourism.com/Things-to-see---do/Activities/Cycling.aspx>

### **Old School Romantics**

*Candle Lit Dinner for two* - Heading out for a romantic meal is always a great idea, especially if you have an excuse like Valentine's Day! Bangor, Holywood and Groomsport have many fantastic, award winning restaurants combining the skill of top chefs and the quality of our local produce to offer a truly memorable experience.

Click on the link for further details.

<http://www.northdowntourism.com/Where-to-eat.aspx>





**Online Gift Shop open!**

We have the perfect range of gifts now available from our online shop; from our Bangor Teddy to magnets, books, key-rings and T-shirts we have the perfect stocking fillers for everyone!

Click on the link below and have a look!

[www.northdowntourism.com/Shop.aspx](http://www.northdowntourism.com/Shop.aspx)

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